

Lunch Options within Walking Distance of the State Capitol

🍷 Casual & Affordable (Budget–Midrange)

These are great for quick lunch, casual dining, or mid-priced meals — easy to walk to from the Capitol:

🍷 Nearby Casual Lunch Spots

- **Cafeteria 15L** – Classic American comfort fare and relaxed vibe, popular for lunch downtown.
- **Capitol Garage** – American pub fare with burgers, tacos, and casual plates.
- **Casa Lola** – Authentic Mexican food in Downtown Sacramento featuring a menu inspired by tradition, crafted cocktails, and an atmosphere that feels like home.
- **La Bou** – Quick service, with a diverse menu of fresh baked goods, sandwiches, paninis, and coffee drinks, this spot is a solid option for breakfast and lunch.
- **Inside the Capitol: Capitol Dining Services** – *Statehouse Outpost* (3rd floor) and *Statehouse Eatery* (basement) serve lunch and coffee on weekdays, if you want a super-convenient bite without leaving the building.

🍷 Sit-Down & Upscale Lunch

Great for business lunches, date lunches, or a nicer midday meal:

- **Prelude Kitchen & Bar** – Highly rated modern American restaurant right near the Capitol (lunch served Mon–Fri).
- **Frank Fat's** - legendary modern Chinese cuisine and unparalleled service.
- **Ella Dining Room & Bar**- A Downtown Sacramento institution and premier dining destination, Ella Dining Room and Bar serves New American, farm-to-fork cuisine for lunch and dinner

🍷 Other Walkable Options (within ~10–15 min)

Based on local guides and crowd suggestions:

- **Cafe Connection** – Caribbean sandwiches & wraps.
- **Upper Crust Pizza** – Pizza by the slice and sandwiches.